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KEF USA Summer Camps Announces New KEF Gluten-Free Camp in Orlando, Florida for Youths with Celiac Disease.

[Orlando, FL February 6, 2019] KEF USA is excited to announce that we have started the Gluten-Free Food Program USA GF-Certification process which is endorsed by the National Celiac Association in the USA as well as the Canadian Celiac Association and la Fondation québécoise de la maladie cœliaque in Canada. KEF USA will offer a new 100% gluten-free camp program to give kids and teens with Celiac Disease a safe, exciting and healthy summer. KEF USA programs offer fun and unique experiences that can only be found in Orlando, Florida. Campers explore the theme parks and local attractions, make new friends, discover new interests and create memories that last a lifetime.

Celiac Disease affects over 3 million Americans and KEF USA is committed to providing a summer camp for children impacted by this disease. Researchers tracking 104 youngsters at a gluten-free camp, including Dr. Tasce Simon Bongiovanni, of the University of California, San Francisco, says that "A gluten-free camp that provides an environment of unrestricted foods can at least temporarily alleviate stress and anxiety around food and social interactions". "Celiac camp enables children with celiac disease to enjoy the camp experience freely without concern for and preoccupation with the foods that they are eating or the stigma of their underlying disease," the researchers conclude.

"Attending a KEF USA summer camp is a wonderful opportunity for kids with Celiac Disease to enjoy their summer in a worry-free environment", says Nancy Miller, Admission Director of KEF USA. "When at KEF Gluten-Free Camp, kids get to learn about film production, special effects make-up, storytelling, technology, science and more. They have the opportunity to take on new responsibilities and develop essential social skills. We really encourage parents to give their kids with Celiac Disease the gift of a 100% gluten-free camp so that they can reap the benefits from this experience."

Six reasons why children and teens should attend the KEF Gluten-Free summer camp:

1. **ADVENTURE:** Summer camp is all about a wide variety of fun adventures and new experiences. KEF USA camps have a new adventure for every child and teen every day.
2. **LOCATION:** Four weeks of fun in Orlando, Florida, minutes from Disney World, SeaWorld, and Universal Studios. What better place to concentrate on fun than the "Fun Capital of the World".
3. **PEACE OF MIND:** Our head chef is a Le Cordon Blue graduate and she and her staff were trained at Harvard Medical School on food preparation for kids with Celiac Disease.
4. **HEALTHY FUN:** The resident camps offer fun, stimulating activities that engage the body and mind, and also help children and teens learn more about Celiac Disease and the importance of good nutrition to help improve their health through good eating habits.
5. **PERSONAL GROWTH:** Youth have a chance to learn new skills, and experience new challenges by participating in exciting activities.
6. **NEW FRIENDSHIPS:** Amidst the fun, campers meet new friends from the U.S. and around the world participating in our English ESL camp.

KEF USA has been a leader in providing summer camps and educational programs for American and international youth. For more information, visit www.kefss.com or call (407) 255-6550.